



# New Hartford AYSO

## **“Return to Play” Plan Spring 2021**

### **Season Dates –**

Season Start Date – 4/25 for 12U

Season Start Date – 5/2 for all other ages

8 games total

### **Season Location –**

All sessions/practices/games consolidated at New Hartford Soccer Park

- Control over equipment
- Control over sanitizing/hand sanitizer stations
- Signage regarding social distancing – APPENDIX A
- Supervision/monitoring over compliance
- “branding” of Return to Play
- NYS FORWARD SAFETY PLAN – see APPENDIX F

### **Physical accommodation –**

- Consolidation of all play at New Hartford Soccer Park – 111 New Hartford St., New Hartford NY 13413 for 6U and 8U, 10U as well; home field for 12U
- 2 Sheds at the field
- 1 Shed for 10U and 12U; 1 shed for 8U and 6U
- Separate equipment for 10U/12U and 8U/6U
- Flushable portable toilet – Locked until Sundays, only used on game day, cleaned and sanitized before and after game day; lock and cleaning log kept in Shed file box by Regional Commissioner – see APPENDIX G
- Pre-marked practice grids and spacing allowing social distancing – see APPENDIX D
- Smaller fields (AYSO age appropriate) laid out allowing more “free space”
- Coach and player designated areas for 12U games
- Parents on opposite side of field (signage)- see APPENDIX A

### **Sanitary Accommodation** – see APPENDIX C

- Sanitizing wipes in each shed for cleaning equipment – Caviwipes or equivalent and RMR-141 RTU disinfectant or equivalent
- Hand sanitizer stations at each shed
- Hand Sanitizer Station mid “field”
- Disposable and distributable washable cloth masks in shed
- Single use ice packs
- Large Bottles of additional hand sanitizer in each shed
- Hand Sanitizer - Purell Gel Hand Sanitizer; Germ Attack (70% alcohol) or equivalent

### **Shed (s) –**

- No players allowed in shed
- No parents allowed in shed
- Only coaches in shed
- Only coaches accessing equipment
- Reminder signage on shed(s) door

### **Signage – see APPENDIX A**

- Social Distancing “outdoor” signs
- Hand Sanitizer station marking signs
- Parents on opposite side of field signs
- Personal equipment/distancing signs

### **Coaches**

- Mandatory coaches meeting immediately prior to season with attention to COVID precaution
- Must wear New Hartford AYSO coach shirt
- Coach’s masks required at all times unless involved in physical exertion – i.e. Training, demonstration, etc.
- Only coaches handling equipment
- Coaches to clean equipment prior to and following use
- Coaches will not coach if symptomatic, COVID Positive (active disease), or COVID Patient Under Investigation (PUI)
- Survey all players/parents prior to start of play each session/game for symptoms

## **Players**

- Masks worn at all times when not in play
- No handling of shared equipment
- All players must use their own ball (labelled) when performing individual drills
- All must use shared “coach’s ball” if ball used by more than one player (disinfected prior to and following practice or game by coach/AYSO staff)
- All personal equipment labelled
- No shared water bottles (water bottles labelled)
- Issue “drawstring” bags to all players to be labelled and keep personal equipment separate
- No play or practice when sick, if COVID Positive or COVID PUI – parents will verbally clear players before each session, no parents or players who are sick or not “feeling well”
- No throw ins or handling of ball (kick-in) for 8U or 6U
- Goalkeeper training will use only one ball

## **Structure of return to play for New Hartford AYSO**

- Staged return to play for 6U, 8U, 10U
- Advance to next risk categories given success at lower levels of risk – not automatic advancement
- Assuming no “steps back” with regard to COVID phase in location
- Majority of soccer play will be within New Hartford, minimize travel to adjacent regions
- No participation in AYSO tournaments or other tournaments as of now
- COVID specific waiver for all volunteers and players – APPENDIX E
- Log of all players and coaches attending training and “game day” – maintained in file box in 12U shed – see APPENDIX B

## **STAGE 1 - LOW RISK- 10U, 8U, and 6U**

- Weeks 1 and 2
- Masks will be worn by coaches at all times when not engaged in exertional play or demonstration and all players when not in play
- No practice during the week
- Schedule with spacing with regard to field location and time
- Initial return with practice/skills by team and age group with no games for first 2 weeks
  - Limit sharing of ball
  - Limit common equipment use
  - Focus on individual skills and drills on “game day”

## STAGE 2 - INCREASING RISK

- Next week with skills focus at practice, limited team skills at practice
  - Limit sharing of ball to team skills
  - Limit common equipment use to team skills
  - Practice allowed for 8U, 10U during week
- Masks will be worn by coaches at all times when not engaged in exertional play or demonstration and all players when not in play
- Schedule with spacing with regard to field location and time
- Intra-squad/intra-team scrimmage on “game day”
  - Players all use own red/blue jerseys – bring both, keep separated in drawstring bags
  - No pinnies
  - No shared goalkeeper gloves or pinnies if there is a keeper (12U/10U)

## STAGE 3 - HIGHER RISK

- Next 5 weeks
- Masks will be worn by coaches at all times when not engaged in exertional play or demonstration and all players when not in play
- Individual skills and team practice during week for 8U, 10U, 12U
- Schedule with spacing with regard to field location and time
- Play other teams within New Hartford on “game day” when numbers allow, if not intra-squad or “pickup”
- Players all use own red/blue jerseys – bring both, keep separated in drawstring bags
- No shared goalkeeper glove or pinnies if there is a keeper (12U/10U)

## Structure of return to play for New Hartford AYSO 12U

- No participation in AYSO tournaments or other tournaments as of now
- COVID specific waiver for all volunteers and players – APPENDIX E
- Log of all players and coaches attending training and “game day” – maintained in file box in 12U shed – see APPENDIX B
- Coaches will maintain player log sheet for practice as well as home and away games

## STAGE 1 - LOW RISK- 12U

- Weeks 1 and 2 – brief practice (1 hour or less)
- Games on Sunday
- Masks will be worn by coaches at all times at games when not engaged in exertional play or demonstration and all players when not in play
- Schedule with spacing with regard to field location and time

- Initial return with practice/skills
  - Limit sharing of ball
  - Limit common equipment use
  - Focus on individual skills and drills during practice

## STAGE 2 - INCREASING RISK – 12U

- Week 2-4 – practice during week with focus at practice, limited team skills at practice
  - Limit sharing of ball to team skills
  - Limit common equipment use to team skills
- Games on Sunday
- Masks will be worn by coaches at all times when not engaged in exertional play or demonstration and all players when not in play
- Schedule with spacing with regard to field location and time
  - No pinnies
  - No shared goalkeeper gloves

## STAGE 3 - HIGHER RISK – 12Uf

- Next 4 weeks
- Practices during week
- Games on Sunday
- Masks will be worn by coaches at all times when not engaged in exertional play or demonstration and all players when not in play
- Individual skills and team practice during week
- Schedule with spacing with regard to field location and time
- Players all use own red/blue jerseys – bring both, keep separated in drawstring bags
- No shared goalkeeper glove or pinnies